



Burlington ES 2012 February



Monday







Tuesday

Wednesday

Thursday

Friday

Nutrients

<p>Alternate Entree Offered Daily Hot Dog, PB & J, Cold Sandwich & Salad Platters</p>	<p>A variety of milk choices will be offered every day and are included with the daily lunch price. Juice or water may be purchased separately.</p> 	<p>1 Half Day</p> 	<p>2 Nachos w/ Beef & Cheese Rice Tender Corn Niblets Juicy Oranges Fresh Fruit Choice Churo</p>	<p>3 Pizzas Garden Salad w/Dressings Hawaiian Pineapple Tidbits Fresh Fruit Choice</p>	<p>Cal 623 T.Fat 20.29 G S.Fat 6.0 G Sodm 88.4.45 Mg Carb 92.19 G Fiber 5.0 G Prtn 2.72 G Calc 436.32 Mg</p>
<p>6 Cheese steak on Tortado Roll Oven Browned Fr. Fries Cooked Carrot Coins Cling Sliced Peaches Fresh Fruit Choice</p>	<p>7 Popcorn Chicken Pasta side Seasoned Green Beans Mixed Fruit Medley Fresh Fruit Choice Fruit Fluff</p>	<p>8 Hoagie Sandwich Chips Crunchy Carrot & Celery Sticks Fresh Fruit Choice Fudgy Brownies</p>	<p>9 Cinnamon French Toast Sausage Hashed Brown Patty Chilled Orange Juice Fresh Fruit Choice Hot Cinnamon Apples</p>	<p>10 Cheesy Pizza on WW Crust Garden Salad w/Dressings Fresh Fruit Salad Fresh Fruit Choice Oatmeal Raisin Cookie</p>	<p>Cal 676 T.Fat 22.09 G S.Fat 7.3 G Sodm 12.39.76 Mg Carb 97.19 G Fiber 8.1 G Prtn 25.41 G Calc 386.07 Mg</p>
<p>13 Hot Dog on a Bun Doritos Vegetarian Bake Beans Apple sauce Fresh Fruit Choice Creamy Vanilla Pudding</p>	<p>14 Heart Healthy Turkey & Cheese on WBun Sweetheart Sun Chips Pucker Up Pineapple Fresh Fruit Choice Cupid's Valentine Cake</p> 	<p>15 Romaine w/ Marinara Sauce Buttery Italian Bread Garden Salad w/Dressings Bartlett Pears Fresh Fruit Choice Yellow Cake</p>	<p>16 Pizza Garden Salad w/Dressings Cling Sliced Peaches Fresh Fruit Choice Hot Apple Crisp</p>	<p>17 No School Today</p> 	<p>Cal 787 T.Fat 21.63 G S.Fat 5.9 G Sodm 1467.49 Mg Carb 126.43 G Fiber 7.3 G Prtn 25.30 G Calc 463.16 Mg</p>
<p>20 No School Today Washington and Lincoln's Birthday</p> 	<p>21 Chicken Pattie Wheat Bun w/ special sauce Oven Browned Fr. Fries Cooked Carrot Coins Fresh Fruit Choice Chocolate Chip Cookie</p>	<p>22 Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Crunchy Carrot & Celery w/ Dip Fresh Fruit Choice Moist Chocolate Cake</p>	<p>23 Meatball Sandwich Pasta Salad Seasoned Green Beans Fresh Fruit Choice Jello w/ Topping</p>	<p>24 Mini Cheese Pizza Bagels Garden Salad w/Dressings Bartlett Pear & Cherry Fresh Fruit Choice Hot Cinnamon Apples</p>	<p>Cal 706 T.Fat 21.32 G S.Fat 7.8 G Sodm 1562.97 Mg Carb 100.34 G Fiber 6.9 G Prtn 27.87 G Calc 450.05 Mg</p>
<p>27 Crispy Chicken Nuggets Wheat Roll w/ Butter Pasta side Krispy Carrot Sticks Mixed Fruit Medley Fresh Fruit Choice Fudgesicle</p>	<p>28 Pizza Crunchers Garden Salad w/Dressings Cling Sliced Peaches Fresh Fruit Choice Jello w/ Topping</p>	<p>29 Steak Hoagie Tasty Tater Tots Hawaiian Pineapple Tidbits Fresh Fruit Choice</p>	<p>Lunch Prices HS & MS \$2.25 Elementary \$2.10 Milk \$0.50 L.F. Milk \$0.70</p>	<p>Princeton Food Management Associates, Inc.</p> 	<p>Cal 789 T.Fat 24.87 G S.Fat 8.6 G Sodm 1123.52 Mg Carb 115.73 G Fiber 8.2 G Prtn 29.14 G Calc 462.40 Mg</p>

ALERT: Most of our menu items contain the following allergens: milk, dairy, eggs, soy and wheat. If your child has allergies, he/she may not be permitted to purchase lunch.